Other Prevention Services

Prime for Life

PRIME For Life[®] is an evidence-based motivational prevention, intervention and pretreatment program specifically designed for people who may be making high-risk choices. This includes, but is not limited to, impaired driving offenders, college students, and young people charged with alcohol and/or drug offenses.

Toward No Drug Abuse

TNDA is an evidence-based curriculum developed by the University of Southern California and



several federal substance abuse prevention organizations. TNDA aims to reduce or eliminate substance abuse in adolescents through intervention.

TNDA is a 12 session program that provides detailed information about the social and health consequences of drug use, and empowering the student with skills to use throughout their lifetime.

Guiding Good Choices

GGC is an evidence based parenting program for parents of children in grades 4th through 8th. Parents learn specific strategies for promoting healthy behaviors in children and reducing risks that predict adolescent health an behavior problems.

Consultation Services:

Alcohol, Tobacco and Drug Policy

Professionals in Substance Abuse Treatment and Prevention will offer expert guidance and statistical information to schools, businesses, or communities revising or creating ATOD policy or events.





Recipients of Substance Abuse Services have rights protected by state and federal law & promulgated rules. For information contact customer service at 269-445-2451 or The Office of Substance Abuse Services

> R.R. Coordinator P.O. Box 30035 North Logan Lansing, MI 48909



269-445-2451

What is Project TND

Project TND is a Substance
Abuse & Mental Health
Service Administration's
(SAMHSA) model educational
program designed for middle
school and high school

students to develop resistance skills toward substance use. The researched based educational program has shown

to reduce use of tobacco, marijuana, alcohol and other drugs among the participants.

What Makes Project TND Different from Other Drug Prevention Programs?

Unlike most other drug prevention programs, Project TND is designed for adolescents who have some experience with drugs. The program is highly interactive with sessions that include motivational activities, social skills training, and decision-making components. Lesson are delivered through group discussions, games, role-playing exercises, videos, and student worksheets.

The lessons teach adolescents' coping and self-control skills that allow them to:

- Grasp the misperceptions that may lead to substance use and express a desire not to abuse substances.
- Understand the pattern of substance abuse and the consequences of using substances.
- Correct myths concerning substance use and specific drugs.
- Demonstrate effective communication, coping, and self-control skills.
- Learn the risk factors of specific drugs such as tobacco, alcohol, marijuana, methamphetamines and other drugs.

Who Does TND Serve?

The TND program is designed for adolescents ages 14 to 19 years old.

How Do Class Work?

TND classes can be presented in a classroom format.

How Long Are Classes?

Classroom format is a 10 to 12 weekly hour long sessions.

Who Conducts the Classes?

Classes are conducted by Certified Prevention Specialist.

For More Information:

Email prevention@woodlandsbhn.org. Visit: woodlandsbhn.org



