### What is Naloxone?

Naloxone (Narcan®) is a drug that temporarily reverses the dangerous effects of an opioid overdose.

It works if you have opioids in your body such as fentanyl, heroin & prescription opioids.

### Why Carry Naloxone?

Naloxone (Narcan®) can save the life of a person or pet who has overdosed on an opioid.

Anyone can experience an opioid overdose regardless if the drug is being used as a prescribed medication, due to a Substance Use Disorder (SUD) or as a result of accidental poisoning.

Some people who are prescribed opioid medication experience confusion. Causing them to use more than prescribed amount, resulting in possible opioid overdose.

Children, pets and people with a cognitive disorder are at higher risk of an accidental poisoning causing an opioid overdose.

Recreational and illicit drugs are increasingly being "laced" with additional substances such as, fentanyl. The person may unknowingly consume an opioid resulting in an opioid overdose.

# Local Resources

## Woodlands Behavioral Healthcare

Substance Use Disorder Services 269-445-2451 Free Naloxone During Business Hours Austin St. Location 1124 Austin St. Cassopolis MI

### Southwest Michigan Behavioral Health

800-781-0353



For more information and resources download

Free OpiRescue app











LEARN THE FACTS: NALOXONE (Narcan®) Saves Lives



What, Why, How and Where

### How to **Recognize an Overdose**

**Opioid overdose is life-threatening** and requires immediate emergency attention. Recognizing the signs of opioid overdose is essential to saving lives.

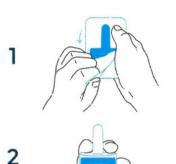
Call 911 immediately if a person exhibits ANY of the following symptoms:

- Their face is extremely pale and/or feels clammy to the touch
- Their body goes limp
- Their fingernails or lips have a purple or blue color
- They start vomiting or making gurgling noises
- They cannot be awakened or are unable to speak
- Their breathing or heartbeat slows or stops (SAMHSA)

### Where to Get Narloxone

- Naloxone is avaiable without a prescription at any Michigan Pharmacy (there may be cost).
- Naloxone is available free of cost during business hours at Woodlands **Behavioral Health's Austin Street** Campus. Located at 1124 Austin St. **Cassopolis MI.**

INSTRUCTIONS FOR NARCAN<sup>®</sup> INTRANASAL SPRAY



Place the nozzle in the nose

Peel from

packaging



- Do NOT delay calling 911
- Do not inject the person with anything
- Do not put the person in a bath or shower
- Do not give the person anything to drink
- · Do not pour water over the person's face

Michigan law protects you from liability when giving naloxone and calling 911 for someone who is overdosing.

#### **REDUCING HARM**

- · Do not mix opioids with other drugs especially benzodiazepines or anything that can make you sleepy
- Be aware of tolerance changes in your body.
- · Tell your family/friends where you store naloxone and how to use it.
- Go slow; never use alone; carry naloxone

#### REMEMBER TO TAKE A.C.T.I.O.N.



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#### AROUSE (3 S's):

- Shout the person's name
- Shake shoulders vigorously
- Sternal Rub: Rub breastbone with knuckles

#### CHECK FOR SIGNS OF OVERDOSE:

- Slowed or no breathing
- Blue/gray lips or fingernails
- Deep snoring/ Gurgling noises
- Unresponsive to pain
- Pinpoint pupils

#### **TELEPHONE 911:**

Tell dispatch, "I think it's an overdose."

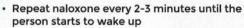


Give naloxone



- Do rescue breaths:
- Head back Pinch nose
- Lift chin
- 1 breath every 5 seconds
- · OR CPR if you know how
- OR follow dispatch instructions

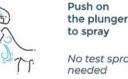
#### NALOXONE AGAIN:



 If you must leave the person, or vomiting occurs, place them in recovery position (see picture below)







to spray No test spray